

2005 FOX RUN DUATHLON

1.4 mile run + 17.25 mile bike + 2.5 mile run
76 entrants & 68 finishers

Race day (17-September) weather: 74° F & sunny w/ 5mph winds from the NNW at the 9am start, and 81° F & sunny w/ 8mph winds from the NNW by 1030am. The humidity continued to rise from start to finish.

RESULTS

PLACE	BIB#	FINAL TIME	FIRST	LAST	AGE	CATEGORY	SEX	AGEGRP	CITY	STATE
1	77	1:01:37.220	Greg	Watson	39	PRO	M	35-39	Media	PA
2	4	1:04:59.267	Jay	Hartnett	20	Age Group	M	20-24	Wilmington	DE
3	7	1:05:18.117	Adam	Driscoll	23	Age Group	M	20-24	Baltimore	MD
4	10	1:05:32.895	Patrick	Blair	24	Age Group	M	20-24	Catonsville	MD
5	78	1:05:39.010	Fiona	Docherty	30	PRO	F	30-34	New Zealand	NZ
6	74	1:06:36.044	Jim	Nielson	39	Age Group	M	35-39	Ashburn	VA
7	28	1:08:03.129	John	Moore	44	Age Group	M	40-44	Bala Cynwyd	PA
8	32	1:08:34.709	bryan	sauer	44	Age Group	M	40-44	boothwyn	PA
9	34	1:08:53.969	Adam	Singer	45	Age Group	M	45-49	Wilmington	DE
10	61	1:08:59.680	kristine	kuss	37	Age Group	F	35-39	newark	DE
11	8	1:09:33.485	Andrew	Foy	23	Age Group	M	20-24	Philadelphia	PA
12	71	1:09:46.583	Richard	Ladlow	51	Age Group	M	50-54	Unionville	PA
13	2	1:09:54.733	Brett	Morris	15	Age Group	M	0-15	lewes	DE
14	50	1:10:01.308	Rebecca	Moore	23	Age Group	F	20-24	Harrisonburg	VA
15	45	1:10:25.548	Don	Morrison	55	Age Group	M	55-59	West Brandywine	PA
16	69	1:11:21.602	Stephen	Smith	33	Age Group	M	30-34	Barrington	NJ
17	11	1:12:38.979	daniel	mconnell	26	Age Group	M	25-29	wilmington	DE
18	70	1:13:14.013	Donald	Kukan	28	Age Group	M	25-29	Newark	DE
19	72	1:13:27.263	Charles	Burke	54	Age Group	M	50-54	Coatsville	PA
20	56	1:14:42.064	Amy	Lewis	35	Age Group	F	35-39	Wilmington	DE
21	18	1:14:44.970	Joel	Speakman	36	Age Group	M	35-39	Media	PA
22	16	1:15:02.663	J.R.	Ward	34	Age Group	M	30-34	Salisbury	MD
23	68	1:16:06.408	Matthew	Mohl	31	Age Group	M	30-34	Conshohocken	PA
24	9	1:16:20.059	Matt	Knight	23	Age Group	M	20-24	Elkton	MD
25	73	1:16:44.613	William	Wipf	44	Age Group	M	40-44	Bear	DE
26	43	1:16:45.012	Ashley	Halsey	53	Age Group	M	50-54	Annapolis	MD
27	49	1:17:08.214	John	Hendrickson	51	Age Group	M	50-54	Wilmington	DE
28	14	1:17:46.408	richard	slack	32	Age Group	M	30-34	alexandria	VA
29	24	1:18:35.633	Richard	Campbell	43	Age Group	M	40-44	Oxford	PA
30	6	1:19:10.673	Michael	Caputi	23	Age Group	M	20-24	Catonsville	MD
31	36	1:19:34.677	TED	FOLTYN	47	Age Group	M	45-49	DOYLESTOWN	PA
32	65	1:19:52.944	Anne	Viviani	55	Age Group	F	55-59	arlington	VA
33	44	1:19:56.334	jim	nelsen	54	Age Group	M	50-54	Malvern	PA
34	62	1:20:07.246	Karen	Trasatti	42	Age Group	F	40-44	Annapolis	MD
35	47	1:20:15.099	Dan	Simmons	58	Age Group	M	55-59	Newark	DE
36	31	1:20:39.104	Mike	Piorkowski	44	Age Group	M	40-44	Glen Mills	PA
37	63	1:20:45.459	Melanie	Marinaccio	47	Age Group	F	45-49	Mohnton	PA
38	17	1:21:07.999	Michael	Kubek	35	Age Group	M	35-39	elkton	MD
39	33	1:21:56.640	Paul	Palmer, Jr.	45	Age Group	M	45-49	Elkton	MD
40	40	1:21:59.153	Kenneth	Lodge	49	Age Group	M	45-49	Pottstown	PA
41	75	1:22:05.646	Mark	Richmond	37	Age Group	M	35-39	Bear	DE
42	26	1:22:23.284	Rodney	Hsing	43	Age Group	M	40-44	Oxford	PA
43	21	1:22:44.573	Kevin	Montague	39	Age Group	M	35-39	Bear	DE
44	76	1:23:45.786	Fran	Martinsky	39	Age Group	M	35-39	Malvern	PA
45	46	1:23:50.642	donn	viviani	57	Age Group	M	55-59	arlington	VA
46	22	1:23:54.519	Christopher	Andrews	41	Age Group	M	40-44	Newark	DE
47	37	1:24:22.046	Michael	Hollandsworth	48	Age Group	M	45-49	Fallston	MD
48	35	1:24:33.415	Jeff	Smith	45	Age Group	M	45-49	Church Hill	MD
49	51	1:24:47.252	Tara	Witmer	24	Age Group	F	20-24	Pasadena	MD
50	13	1:25:58.266	Jeffrey	Schnug	31	Age Group	M	30-34	Wilmington	DE
51	58	1:26:36.241	Angela	McMillon	36	Age Group	F	35-39	Lewes	DE
52	27	1:26:41.853	David	Abramson	44	Age Group	M	40-44	Clayton	DE
53	5	1:26:52.746	Mark	Conklin	21	Age Group	M	20-24	Elkton	MP
54	57	1:27:04.569	Kim	kuehnert	36	Age Group	F	35-39	Glenside	PA
55	20	1:27:52.979	Michael	Hallman	39	Age Group	M	35-39	Wilmington	DE
56	55	1:29:05.886	Jessie	Kubek	33	Age Group	F	30-34	Elkton	MD
57	3	1:31:14.207	Dan	Lenko	16	Age Group	M	16-19	Pottstown	PA
58	52	1:31:15.014	Frances	Fisher	25	Age Group	F	25-29	Alexandria	VA
59	54	1:31:36.964	Erica	Hueser	30	Age Group	F	30-34	Washington	DC
60	23	1:32:50.798	Tom	Cuccia	42	Age Group	M	40-44	Landenberg	PA
61	67	1:33:39.877	Elizabeth	Hurlock	23	Age Group	F	20-24	Blue Bell	PA
62	39	1:34:17.707	Alan	Wessel	48	Age Group	M	45-49	Middletown	DE
63	29	1:35:44.155	Jerome	Phillips	44	Age Group	M	40-44	Dover	DE
64	19	1:35:50.980	Scott	McMillon	37	Age Group	M	35-39	Lewes	DE
65	48	1:35:51.996	Kritin	Palmer	20	Age Group	F	16-19	Elkton	MD
66	60	1:38:06.659	Diane	Stuart	36	Age Group	F	35-39	Bowie	MD
67	15	1:38:42.677	Christopher	McDonald	34	Age Group	M	30-34	Chestertown	MD
68	79	1:49:14.082	Jeff	Morton	49	Age Group	M	45-49	Newark	DE
59	DNF		Megan	Reese	36	Age Group	F	35-39	West Grove	PA
38	DNS		Peter	Rittenhouse	48	Relay	M	Relay	West Chester	PA
38	DNS		Denise	Lokhorst	42	Relay	F	Relay	West Chester	PA
12	DNS		Ethan	Frost	28	Age Group	M	25-29	Newark	DE
25	DNS		Robert	Gallen	43	Age Group	M	40-44	Newtown	PA
41	DNS		David	Lain	50	Age Group	M	50-54	Stevensville	MD
53	DNS		sarah	smith	28	Age Group	F	25-29	parkville	MD
64	DNS		ALISON	SUCKLING	50	Age Group	F	50-54	ARNOLD	MD

OVERALL

MALE

OVERALL	BIB#	FINAL TIME	FIRST	LAST	AGE	CATEGORY	SEX	AGEGRP	CITY	STATE
1	77	1:01:37.220	Greg	Watson	39	PRO	M	35-39	Media	PA
2	4	1:04:59.267	Jay	Hartnett	20	Age Group	M	20-24	Wilmington	DE
3	7	1:05:18.117	Adam	Driscoll	23	Age Group	M	20-24	Baltimore	MD

FEMALE

OVERALL	BIB#	FINAL TIME	FIRST	LAST	AGE	CATEGORY	SEX	AGEGRP	CITY	STATE
5	78	1:05:39.010	Fiona	Docherty	30	PRO	F	30-34	New Zealand	NZ
10	61	1:08:59.680	kristine	kuss	37	Age Group	F	35-39	newark	DE
14	50	1:10:01.308	Rebecca	Moore	23	Age Group	F	20-24	Harrisonburg	VA

AGE GROUPS

MALE 15 & UNDER

OVERALL	BIB#	FINAL TIME	AGE GRP	FIRST	LAST	AGE	CATEGORY	SEX	AGEGRP	CITY	STATE
13	2	1:09:54.733	1 of 1	Brett	Morris	15	Age Group	M	0-15	lewes	DE

MALE 16-19

OVERALL	BIB#	FINAL TIME	AGE GRP	FIRST	LAST	AGE	CATEGORY	SEX	AGEGRP	CITY	STATE
57	3	1:31:14.207	1 of 1	Dan	Lenko	16	Age Group	M	16-19	Pottstown	PA

FEMALE 16-19

OVERALL	BIB#	FINAL TIME	AGE GRP	FIRST	LAST	AGE	CATEGORY	SEX	AGEGRP	CITY	STATE
65	48	1:35:51.996	1 of 1	Kritin	Palmer	20	Age Group	F	16-19	Elkton	MD

MALE 20-24

OVERALL	BIB#	FINAL TIME	AGE GRP	FIRST	LAST	AGE	CATEGORY	SEX	AGEGRP	CITY	STATE
2	4	1:04:59.267	1 of 7	Jay	Hartnett	20	Age Group	M	20-24	Wilmington	DE
3	7	1:05:18.117	2 of 7	Adam	Driscoll	23	Age Group	M	20-24	Baltimore	MD
4	10	1:05:32.895	3 of 7	Patrick	Blair	24	Age Group	M	20-24	Catonsville	MD
11	8	1:09:33.485	4 of 7	Andrew	Foy	23	Age Group	M	20-24	Philadelphia	PA
24	9	1:16:20.059	5 of 7	Matt	Knight	23	Age Group	M	20-24	Elkton	MD
30	6	1:19:10.673	6 of 7	Michael	Caputi	23	Age Group	M	20-24	Catonsville	MD
53	5	1:26:52.746	7 of 7	Mark	Conklin	21	Age Group	M	20-24	Elkton	MP

FEMALE 20-24

OVERALL	BIB#	FINAL TIME	AGE GRP	FIRST	LAST	AGE	CATEGORY	SEX	AGEGRP	CITY	STATE
14	50	1:10:01.308	1 of 3	Rebecca	Moore	23	Age Group	F	20-24	Harrisonburg	VA
49	51	1:24:47.252	2 of 3	Tara	Witmer	24	Age Group	F	20-24	Pasadena	MD
61	67	1:33:39.877	3 of 3	Elizabeth	Hurlock	23	Age Group	F	20-24	Blue Bell	PA

MALE 25-29

OVERALL	BIB#	FINAL TIME	AGE GRP	FIRST	LAST	AGE	CATEGORY	SEX	AGEGRP	CITY	STATE
17	11	1:12:38.979	1 of 2	daniel	mcconnell	26	Age Group	M	25-29	wilmington	DE
18	70	1:13:14.013	2 of 2	Donald	Kukan	28	Age Group	M	25-29	Newark	DE
	12	DNS		Ethan	Frost	28	Age Group	M	25-29	Newark	DE

FEMALE 25-29

OVERALL	BIB#	FINAL TIME	AGE GRP	FIRST	LAST	AGE	CATEGORY	SEX	AGEGRP	CITY	STATE
58	52	1:31:15.014	1 of 1	Frances	Fisher	25	Age Group	F	25-29	Alexandria	VA
	53	DNS		sarah	smith	28	Age Group	F	25-29	parkville	MD

MALE 30-34

OVERALL	BIB#	FINAL TIME	AGE GRP	FIRST	LAST	AGE	CATEGORY	SEX	AGEGRP	CITY	STATE
16	69	1:11:21.602	1 of 6	Stephen	Smith	33	Age Group	M	30-34	Barrington	NJ
22	16	1:15:02.663	2 of 6	J.R.	Ward	34	Age Group	M	30-34	Salisbury	MD
23	68	1:16:06.408	3 of 6	Matthew	Mohl	31	Age Group	M	30-34	Conshohocken	PA
28	14	1:17:46.408	4 of 6	richard	slack	32	Age Group	M	30-34	alexandria	VA
50	13	1:25:58.266	5 of 6	Jeffrey	Schnug	31	Age Group	M	30-34	Wilmington	DE
67	15	1:38:42.677	6 of 6	Christopher	McDonald	34	Age Group	M	30-34	Chestertown	MD

FEMALE 30-34

OVERALL	BIB#	FINAL TIME	AGE GRP	FIRST	LAST	AGE	CATEGORY	SEX	AGEGRP	CITY	STATE
56	55	1:29:05.886	1 of 2	Jessie	Kubek	33	Age Group	F	30-34	Elkton	MD
59	54	1:31:36.964	2 of 2	Erica	Hueser	30	Age Group	F	30-34	Washington	DC

MALE 35-39

OVERALL	BIB#	FINAL TIME	AGE GRP	FIRST	LAST	AGE	CATEGORY	SEX	AGEGRP	CITY	STATE
6	74	1:06:36.044	1 of 8	Jim	Nielson	39	Age Group	M	35-39	Ashburn	VA
21	18	1:14:44.970	2 of 8	Joel	Speakman	36	Age Group	M	35-39	Media	PA
38	17	1:21:07.999	3 of 8	Michael	Kubek	35	Age Group	M	35-39	elkton	MD
41	75	1:22:05.646	4 of 8	Mark	Richmond	37	Age Group	M	35-39	Bear	DE
43	21	1:22:44.573	5 of 8	Kevin	Montague	39	Age Group	M	35-39	Bear	DE
44	76	1:23:45.786	6 of 8	Fran	Martinsky	39	Age Group	M	35-39	Malvern	PA
55	20	1:27:52.979	7 of 8	Michael	Hallman	39	Age Group	M	35-39	Wilmington	DE
64	19	1:35:50.980	8 of 8	Scott	McMillon	37	Age Group	M	35-39	Lewes	DE

FEMALE 35-39

OVERALL	BIB#	FINAL TIME	AGE GRP	FIRST	LAST	AGE	CATEGORY	SEX	AGEGRP	CITY	STATE
10	61	1:08:59.680	1 of 6	kristine	kuss	37	Age Group	F	35-39	newark	DE
20	56	1:14:42.064	2 of 6	Amy	Lewis	35	Age Group	F	35-39	Wilmington	DE
51	58	1:26:36.241	3 of 6	Angela	McMillon	36	Age Group	F	35-39	Lewes	DE
54	57	1:27:04.569	4 of 6	Kim	kuehnert	36	Age Group	F	35-39	Glenside	PA
66	60	1:38:06.659	5 of 6	Diane	Stuart	36	Age Group	F	35-39	Bowie	MD
	59	DNF	of 6	Megan	Reese	36	Age Group	F	35-39	West Grove	PA

MALE 40-44

OVERALL	BIB#	FINAL TIME	AGE GRP	FIRST	LAST	AGE	CATEGORY	SEX	AGEGRP	CITY	STATE
7	28	1:08:03.129	1 of 10	John	Moore	44	Age Group	M	40-44	Bala Cynwyd	PA
8	32	1:08:34.709	2 of 10	bryan	sauer	44	Age Group	M	40-44	boothwyn	PA
25	73	1:16:44.613	3 of 10	William	Wipf	44	Age Group	M	40-44	Bear	DE
29	24	1:18:35.633	4 of 10	Richard	Campbell	43	Age Group	M	40-44	Oxford	PA
36	31	1:20:39.104	5 of 10	Mike	Piorkowski	44	Age Group	M	40-44	Glen Mills	PA
42	26	1:22:23.284	6 of 10	Rodney	Hsing	43	Age Group	M	40-44	Oxford	PA
46	22	1:23:54.519	7 of 10	Christopher	Andrews	41	Age Group	M	40-44	Newark	DE
52	27	1:26:41.853	8 of 10	David	Abramson	44	Age Group	M	40-44	Clayton	DE
60	23	1:32:50.798	9 of 10	Tom	Cuccia	42	Age Group	M	40-44	Landenberg	PA
63	29	1:35:44.155	10 of 10	Jerome	Phillips	44	Age Group	M	40-44	Dover	DE
	25	DNS		Robert	Gallen	43	Age Group	M	40-44	Newtown	PA

FEMALE 40-44

OVERALL	BIB#	FINAL TIME	AGE GRP	FIRST	LAST	AGE	CATEGORY	SEX	AGEGRP	CITY	STATE
34	62	1:20:07.246	1 of 1	Karen	Trasatti	42	Age Group	F	40-44	Annapolis	MD

MALE 45-49

OVERALL	BIB#	FINAL TIME	AGE GRP	FIRST	LAST	AGE	CATEGORY	SEX	AGEGRP	CITY	STATE
9	34	1:08:53.969	1 of 8	Adam	Singer	45	Age Group	M	45-49	Wilmington	DE
31	36	1:19:34.677	2 of 8	TED	FOLTYN	47	Age Group	M	45-49	DOYLESTOWN	PA
39	33	1:21:56.640	3 of 8	Paul	Palmer, Jr.	45	Age Group	M	45-49	Eikton	MD
40	40	1:21:59.153	4 of 8	Kenneth	Lodge	49	Age Group	M	45-49	Pottstown	PA
47	37	1:24:22.046	5 of 8	Michael	Hollandsworth	48	Age Group	M	45-49	Fallston	MD
48	35	1:24:33.415	6 of 8	Jeff	Smith	45	Age Group	M	45-49	Church Hill	MD
62	39	1:34:17.707	7 of 8	Alan	Wessel	48	Age Group	M	45-49	Middletown	DE
68	79	1:49:14.082	8 of 8	Jeff	Morton	49	Age Group	M	45-49	Newark	DE

FEMALE 45-49

OVERALL	BIB#	FINAL TIME	AGE GRP	FIRST	LAST	AGE	CATEGORY	SEX	AGEGRP	CITY	STATE
37	63	1:20:45.459	1 of 1	Melanie	Marinaccio	47	Age Group	F	45-49	Mohnton	PA

MALE 50-54

OVERALL	BIB#	FINAL TIME	AGE GRP	FIRST	LAST	AGE	CATEGORY	SEX	AGEGRP	CITY	STATE
12	71	1:09:46.583	1 of 5	Richard	Ladlow	51	Age Group	M	50-54	Unionville	PA
19	72	1:13:27.263	2 of 5	Charles	Burke	54	Age Group	M	50-54	Coatsville	PA
26	43	1:16:45.012	3 of 5	Ashley	Halsey	53	Age Group	M	50-54	Annapolis	MD
27	49	1:17:08.214	4 of 5	John	Hendrickson	51	Age Group	M	50-54	Wilmington	DE
33	44	1:19:56.334	5 of 5	jim	nelsen	54	Age Group	M	50-54	Malvern	PA
	41	DNS		David	Lain	50	Age Group	M	50-54	Stevensville	MD

FEMALE 50-54

OVERALL	BIB#	FINAL TIME	AGE GRP	FIRST	LAST	AGE	CATEGORY	SEX	AGEGRP	CITY	STATE
	64	DNS		ALISON	SUCKLING	50	Age Group	F	50-54	ARNOLD	MD

MALE 55-59

OVERALL	BIB#	FINAL TIME	AGE GRP	FIRST	LAST	AGE	CATEGORY	SEX	AGEGRP	CITY	STATE
15	45	1:10:25.548	1 of 3	Don	Morrison	55	Age Group	M	55-59	West Brandywine	PA
35	47	1:20:15.099	2 of 3	Dan	Simmons	58	Age Group	M	55-59	Newark	DE
45	46	1:23:50.642	3 of 3	donn	viviani	57	Age Group	M	55-59	arlington	VA

FEMALE 55-59

OVERALL	BIB#	FINAL TIME	AGE GRP	FIRST	LAST	AGE	CATEGORY	SEX	AGEGRP	CITY	STATE
32	65	1:19:52.944	1 of 1	Anne	Viviani	55	Age Group	F	55-59	arlington	VA